

Green Duffle Bag, Daypack & Personal Bin



Purpose – To have a happy and successful WFSI trip, you will need to be very organized. Since personal storage space is also limited, you will need to plan ahead on where to keep all of your personal items. Here is a plan that has worked for many students in the past.

Green Duffle Bag:

- Sleeping bag (1)
- Thin sheet / bag liner (1)
- Sleeping pad (1)
- Hiking boots (1)
- Tennis shoes (1)
- Sandals (1)
- Laundry bag (1)
- WFSI tee shirt (1)
- Socks (8)
- Undergarments (6)
- Tee shirts (6)
- Long-sleeved tee shirt (2)
- Sweater or sweatshirt (1)
- Nightwear (2)
- Bath towels (2)
- Washcloths (2)
- Pants (2)
- Shorts (6)
- Jacket (1)
- Swimsuit (1)

Daypack:

- Field notebook
- Pens & pencils
- Rain gear
- Lip balm
- Sunscreen
- Insect repellent
- Gloves or mittens
- Baseball hat
- Knit cap
- 1-L Nalgene (2)
- First aid kit
- Wallet & ID
- Pocketknife
- Sunglasses
- Bandana
- Camera & batteries
- Kleenex
- Lunch
- Wristwatch

Personal Bin:

- Journal
- Writing supplies:
 - Envelopes
 - Stationary
 - Post cards
 - Stamps
- WFSI folder:
 - Itinerary
 - Trip maps
 - Student List
 - Handouts
- School supplies:
 - Pens & pencils
 - Colored pencils
 - Pencil sharpener
 - Scissors
 - Scotch tape
 - Glue stick
- Bathroom kit:
 - Soap
 - Shampoo
 - Deodorant
 - Hair brush
 - Tooth brush
 - Toothpaste
 - Floss
 - Razors
 - Shaving cream
 - Personal hygiene
 - Q-tips
- Flashlight & batteries
- Kleenex
- Baby wipes
- Personal Medications:
 - Prescriptions
 - Over-the-Counter
 - Cough drops
- Pillow